



Parent Carer Support Groups

term time only

Support Groups offer a friendly atmosphere to give Parent Carers the opportunity to chat with others in a similar situation.

Hereford

10am - 12noon

Heart of Oak, 47 - 49 Newtown Road, Hereford HR4 9LJ

Every Tuesday and Friday morning, term time only.

Leominster

10am - 12noon

Best Weston Talbot Hotel, West Street,
Leominster HR6 8EP

**2nd and 4th Wednesday of each
month**, term time only.

Ledbury

12.30 - 2pm

The Horseshoe Inn, The Homend,
Ledbury HR8 1BP

3rd Wednesday of each month, term
time only.

For more details including directions to the venue contact our Parent Carer Support Worker, Cathy Hayes on 01432 356068 or email help@herefordshirecarerssupport.org

You can find more out about the support and advice Herefordshire Carers Support offers Parent Carers online at www.herefordshirecarerssupport.org and on our Facebook: Herefordshire Carers Support and Twitter: @herefordcarers pages